

5A STATE Warm Up
Monday, February 22 & Tuesday, February 23, 2021
****Starts and one-way sprints during your warm up session****

BOYS Session 1 8:20-9:00 am Meet begins 10:00 am

NORTH	Side						
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Bethany	Bethany	Carl Albert	Carl Albert	Carl Albert	Bishop McGuinness	Bishop McGuinness	Chickasha

SOUTH	Side						
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Harrah	Harrah	Harding Charter Prep	Heritage Hall	Mount Saint Mary	Cashia Hall	Bishop Kelley	Bishop Kelley

BULKHEAD/MIDDLE LANES	BULKHEAD/MIDDLE LANES
Lane 1	Lane 1
Ada/ Adair/ Plainview	Eisenhower/ Tulsa Memorial

BOYS Session 2 9:00-9:40 am Meet begins 10:00 am

NORTH	Side						
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Guymon	Guymon	Fort Gibson	Fort Gibson	Macarthur	Macarthur	Elgin	Marlow

SOUTH	Side						
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Altus	Altus	OCS	Edison Prep	Duncan	Duncan	Oologah	Oologah

BULKHEAD/MIDDLE LANES	BULKHEAD/MIDDLE LANES
Lane 1	Lane 2
Holland Hall/ Lone Grove	OBA

GIRLS Session 1

2:20-3:00 pm

Meet begins 4:00 pm

NORTH	Side						
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Bethany	Bishop McGuinness	Carl Albert	Carl Albert	Carl Albert	Heritage Hall	Harding Charter Prep	Chickasha

SOUTH	Side						
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Harrah	Harrah	OCS	Mount Saint Mary	Tulsa Memorial	Bishop Kelley	Bishop Kelley	Newcastle/Tuttle

BULKHEAD/MIDDLE LANES				BULKHEAD/MIDDLE LANES			
Lane 1				Lane 1			
				Metro Christian			

GIRLS Session 2

3:00-3:40 pm

Meet begins 4:00 pm

NORTH	Side						
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Guymon	Fort Gibson	Fort Gibson	Elgin	Elgin	Oologah	Eisenhower	Macarthur

SOUTH	Side						
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Altus	Altus	Duncan	Duncan	Edison Prep	Plainview	Cascia Hall	Checotah

BULKHEAD/MIDDLE LANES				BULKHEAD/MIDDLE LANES			
Lane 1				Lane 1			
Cascia Hall				Lone Grove/ Marlow			

Warm Up/Cool Down available in south end during competition