

CROSS COUNTRY DATES TO REMEMBER

JULY 15	Organized practice may begin
OCTOBER 13	Rating and entry forms due (2A-3A-4A-5A-6A)
OCTOBER 16	Regional assignments released (2A-3A-4A-5A-6A)
OCTOBER 24	2A-3A-4A-5A-6A Regional Meets
OCTOBER 26	2A-3A-4A-5A-6A Academic achievement form due or postmarked by October 26
OCTOBER 31	2A-3A-4A-5A-6A State Meet at Edmond Santa Fe
NOVEMBER 10	Cross Country Coaches Advisory Meeting 1:00 at the OSSAA office