

OKLAHOMA SECONDARY SCHOOL ACTIVITIES ASSOCIATION
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The OSSAA Board of Directors have established the following requirements for any secondary level coach (grades 7-12) at an OSSAA member school.

POLICY III FROM THE OSSAA ADMINISTRATORS HANDBOOK

III. COACHES

- A. STATE RULES MEETING REQUIREMENTS FOR COACHES - Each head coach of all varsity teams shall attend an OSSAA state rules meeting for that sport for the current school year. If the head coach does not attend a meeting, an on-line rules meeting is available at www.ossaa.com. Written verification of the on-line rules meeting must be submitted to the OSSAA. All head coaches of fall activities must complete their state rules meeting by September 1st, all head coaches of winter activities must complete their state rules meeting by December 1st, and all head coaches of spring activities must complete their state rules meeting by March 1st. The penalty for failure to attend a state rules meeting or to complete an on-line rules meeting and proper documentation submitted to the OSSAA office by the prescribed deadlines, will result in the school suspending the head coach for all interscholastic competition until the coach is in compliance and proper documentation has been submitted and verified by the OSSAA.

REQUIRED COURSE WORK FOR ALL COACHES OF ATHLETIC ACTIVITIES

On an annual basis, all athletic coaches are required to view *A Guide to Heat Acclimatization and Heat Illness Prevention, Concussion in Sports, and Sudden Cardiac Arrest*, at www.NFHSLearn.com. A certificate of completion shall be kept on file for each coach at the member school. Schools are responsible for implementing a system to make sure their coaches are in compliance with the regulation. All coaches must be in compliance with State Statute.

ADDITIONAL REQUIRED COURSE WORK FOR FIRST YEAR AND VOLUNTEER COACHES

The OSSAA Board of Directors authorized the implementation of a Coaches Education Program. All first year athletic coaches and any adjunct/volunteer athletic personnel will be required to complete the NFHS *Fundamentals of Coaching* course prior to their participation as a coach in any OSSAA regular season contest. The course is available online at www.NFHSLearn.com.

REQUIRED COURSE WORK FOR CHEER COACHES

All cheer coaches will be required to complete the AACCA safety course. The AACCA course must be completed before allowing cheer squads to participate in any activity where stunting is involved. The AACCA certification is good for a period of four years. The course is available online at www.AACCA.org or www.NFHSLearn.com.

On an annual basis, all cheer coaches are also required to view *A Guide to Heat Acclimatization and Heat Illness Prevention, Concussion in Sports, and Sudden Cardiac Arrest*, at www.NFHSLearn.com. A certificate of completion shall be kept on file for each coach at the member school. Schools are responsible for implementing a system to make sure their coaches are in compliance with the regulation. All coaches must be in compliance with State Statute.

REQUIRED FOR ALL ATHLETIC COACHES: CARE AND PREVENTION OF ATHLETIC INJURIES

OAC 210:35-9-44; OAC 210:35-5-45; OAC 210: 35-7-44

As required by Oklahoma State Department of Education rules, this course is required for all coaches in the care and prevention of athletic injuries.

COURSE AVAILABILITY

The course is currently available through some Universities, a Certified Athletic Trainer licensed by the Oklahoma State board of Medical Examiners, through an online course at NFHSLearn.com.

The approved course is not intended to satisfy the annual requirement for athletic coaches to undergo concussion training provided by the CDC, the NFHS or a comparable program or resource, as required

by 70 O.S. § 24-155. Further, the course described herein is not intended to satisfy the annual requirements of the Chase Morris Sudden Cardiac Arrest Prevention Act, at 70 O.S. § 24-156. EMT training / certification will not suffice for meeting this requirement. Medical Doctoral Degree / Licensure will suffice for meeting this requirement.

To provide the most recent, relevant care for student's participating in activities certification in this course will last for a 3-year period and must be renewed on or prior to expiration. If taken at a University or from a Certified Athletic Trainer licensed in the State of Oklahoma, participants will complete twenty-five (25) hours (or semester course equivalent) of course instruction. A unit-based instructional approach shall be utilized. If taken online at NFHSLearn.com, the course must be completed and a score of 80% or greater achieved on the certification exam. Should less than 80% be achieved, the coach will be directed to a results page for continued review. Certification will not be granted until a score 80% or better is attained.

Separate taping and wrapping instruction will be done through an online video, and a written exam will administered at the end of the instructional video. Each participant must demonstrate competency through practical lab or the online examination based on standard practices within the athletic training profession in injury assessment, taping, and wrapping skills.

REQUIRED COURSE WORK FOR ALL MARCHING BAND INSTRUCTORS

On an annual basis, all marching band instructors are required to view *A Guide to Heat Acclimatization and Heat Illness Prevention* at www.NFHSLearn.com. A certificate of completion shall be kept on file for each band instructor at the member school. Schools are responsible for implementing a system to make sure their band directors are in compliance with the regulation.