



**NATIONAL FEDERATION
OF STATE HIGH SCHOOL
ASSOCIATIONS**



October 26, 2022

Memo from NFHS Staff to State Association Staff : **LZRD Tech Arm Sleeve**

I wanted to give you all a very quick update on a final ruling from our NFHS Rules Review Committee dealing with an appeal from LZRD Tech on their arm sleeve for football.

The following is the link to the product that was being appealed from LZRD Tech: <https://lzrdtech.com/products/black-lzrd-sleeve>

This past July, as the staff liaison to the NFHS Football Rules Committee, who is charged with giving responses to manufacturers' request about equipment, the Committee concluded that the LZRD Tech Arm Sleeve for Football as submitted, did not comply with the intent and purpose of NFHS Rule 1-5-3c(5) on page 23 of the 2022 NFHS Football Rules Book and thus would not be permissive at that time. The NFHS Football Rules Committee based its decision on observation and touch of the product.

NFHS Rule 1-5-3c(5) states: ART. 3 . . . Illegal equipment. No player shall participate while wearing illegal equipment. This applies to any equipment, which in the opinion of the umpire is dangerous, confusing or inappropriate. Illegal equipment shall always include but is not limited to: c. The following Other Illegal Equipment: 5. Jerseys, undershirts or exterior arm covers/pads manufactured to enhance contact with the football or opponent.

This past August and October 2022, LZRD Tech appealed this ruling to the NFHS Rules Review Committee. The NFHS Rules Review Committee agreed with the NFHS Football Rules Committee that, based on observation and touch, the LZRD Tech Arm Sleeve for Football appeared to provide a better than normal "grip surface" for competition purposes and did enhance contact with the football. However, during the appeal, LZRD Tech provided a detailed explanation of the LZRD Tech Arm Sleeve for Football, as well as verified data to compare the Coefficient of Friction (COF) of the LZRD Tech Arm Sleeve for Football versus that of human skin (wet and dry).

Based on the information and verified data presented by LZRD Tech during their appeal, the NFHS Rules Review Committee voted to approve the use of the LZRD Tech Arm Sleeve in the sport of high school football. Thus, the LZRD Tech Arm Sleeve for Football, as presented, demonstrated, and verified for the NFHS Rules Review Committee is now permissible to use in high school competition that play by NFHS Football Rules.