

GIRLS JUNIOR HIGH/MIDDLE SCHOOL DUAL MEET WEIGH-IN SHEET

This document shall be completed at the weigh-ins and located at the head table prior to the beginning of the match.

HOST SCHOOL _____ VISITING SCHOOL _____

LEVEL OF COMPETITION _____ DATE _____

| HOST SCHOOL | ACTUAL WEIGHT | WEIGHT CLASS | VISITING SCHOOL | ACTUAL WEIGHT |
|-------------|---------------|--------------|-----------------|---------------|
| | | 73 | | |
| | | 82 | | |
| | | 89 | | |
| | | 96 | | |
| | | 102 | | |
| | | 110 | | |
| | | 117 | | |
| | | 126 | | |
| | | 138 | | |
| | | 145 | | |
| | | 155 | | |
| | | 165 | | |
| | | 180 | | |
| | | 200 | | |

HOST SCHOOL COACH'S SIGNATURE: _____

VISITING SCHOOL COACH'S SIGNATURE: _____

SIGNATURE OF PERSON CONDUCTING WEIGH-IN: _____