

# Volleyball Rules Changes - 2022-23

By NFHS on March 30, 2022

## [volleyball](#)

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**3-1-3 PENALTY, 4-2 PENALTY 3:** Adds language allowing state associations to determine the appropriate action/penalty when padding requirements are not met and a team does not have six legal uniforms.

**Rationale:** Clarifies that state associations have the authority to determine the action and/or penalty(s), if necessary, to address these issues.

**4-1-6:** Allows hair adornments provided they are securely fastened and do not present a safety hazard while eliminating the length limitation of 2 inches for bobby pins, flat clips and flat barrettes.

**Rationale:** Creates inclusivity of hair styles while maintaining that the risk of injury to the athlete, teammates and opponents should not be compromised.

**4-2-1f:** Eliminates the manufacturer logo/trademark/reference restrictions on the waistband **ONLY** of the uniform bottom.

**Rationale:** Allows for multiple and eliminates size restrictions of manufacturer logos/trademarks/references on the uniform waistband **ONLY**, minimizing issues related to illegal uniform bottoms.

**5-6-3b, e; 5-7-3e:** Eliminates the sounding of the audio device when an improper server or an illegal libero replacement is recognized by the official's table and establishes that the official scorer shall notify the second referee during the first dead ball.

**Rationale:** Allows the match to continue without interruption until the second referee is notified and can verify the improper server/illegal replacement during the next dead ball.

**7-1-2c (NEW):** Requires the head coach to indicate the playing captain with a "C" next to the player's number on the lineup.

**Rationale:** Aligns language in the Case Book and Officials Manual that requires playing captains to be indicated on the lineup.

**11-2-1:** Allows requests for time-outs by the head coach or playing captain to be signaled or verbalized.

**Rationale:** Establishes that both verbal and non-verbal signals for a time-out are permitted.

**12-2-5a:** Adds that assistant coaches may stand during a dead ball situation and ask the second referee to verify the number of substitutions used by their team.

**Rationale:** Clarifies that assistant coaches may ask the second referee, during a dead-ball situation, for the number of time-outs and/or the number of substitutions used by their team.

## 2022-23 Volleyball Editorial Changes

5-4-1h, 7-1-1 PENALTIES 2 & 3, 5-2-5d

## 2022-23 Volleyball Points of Emphasis

1. Sportsmanship
2. Playable-Nonplayable Situations
3. Injury Procedures