

2023 STATE TRACK MEET ORDER OF EVENTS AND APPROXIMATE STARTING TIMES

(Inclement weather may impact starting times)

FIELD EVENTS: FRIDAY

| | | |
|------|------------|------------------------|
| 9:30 | (2A-4A-6A) | Girls, Boys High Jump |
| 9:30 | (A-3A-5A) | Boys, Girls Long Jump |
| 9:30 | (2A-4A-6A) | Girls, Boys Shot Put |
| 9:30 | (A-3A-5A) | Boys, Girls Discus |
| 9:30 | (2A-4A-6A) | Boys, Girls Pole Vault |

FIELD EVENTS: SATURDAY

| | | |
|------|------------|------------------------|
| 9:30 | (A-3A-5A) | Girls, Boys High Jump |
| 9:30 | (2A-4A-6A) | Girls, Boys Long Jump |
| 9:30 | (A-3A-5A) | Boys, Girls Shot Put |
| 9:30 | (2A-4A-6A) | Girls, Boys Discus |
| 9:30 | (A-3A-5A) | Boys, Girls Pole Vault |

FRIDAY

8:00 a.m. Implement weigh-in

8:45 a.m. Coaches meeting

10:30 a.m. Track opens for Boys warmup

11:15 a.m. Track opens for Girls warmup

Approximate Starting

Times

| | |
|--------------|--|
| 12:30 | 400 Meter Relay - Girls, Boys (Preliminary) |
| 1:10 | 3200 Meter Relay - Girls, Boys (Final) |
| 2:05 | 100 Meter High Hurdles 33" - Girls (Preliminary) |
| 2:15 | 110 Meter High Hurdles 39" - Boys (Preliminary) |
| 2:25 | 100 Meter Dash - Girls, Boys (Preliminary) |
| 2:45 | 400 Meter Dash - Girls, Boys (Preliminary) |
| 3:25 | 300 Meter Low Hurdles 30" - Girls (Preliminary) |
| 3:40 | 300 Meter Int. Hurdles 36" - Boys (Preliminary) |
| 3:55 | 200 Meter Dash - Girls, Boys (Preliminary) |
| 4:15 | 3200 Meter Run - Girls, Boys (Final) |
| 5:20 | 800 Meter Relay - Girls, Boys (Final) |

SATURDAY

8:00 a.m. Implement weigh-in

10:30 a.m. Track opens for Boys warmup

11:15 a.m. Track opens for Girls warmup

ALL FINALS

Approximate Starting

Times

| | |
|--------------|--------------------------------------|
| 12:30 | 400 Meter Relay - Girls, Boys |
| 12:50 | 800 Meter Run - Girls, Boys |
| 1:10 | 100 Meter High Hurdles - 33" - Girls |
| 1:20 | 110 Meter High Hurdles 39 - Boys |
| 1:30 | 100 Meter Dash - Girls, Boys |
| 1:40 | Academic State Champion Presentation |
| 2:00 | 400 Meter Dash - Girls, Boys |
| 2:20 | 300 Meter Low Hurdles 30" - Girls |
| 2:35 | 300 Meter Int. Hurdles 36" - Boys |
| 2:50 | 200 Meter Dash - Girls, Boys |
| 3:05 | 1600 Meter Run - Girls, Boys |
| 3:40 | 1600 Meter Relay - Girls, Boys |
| 4:30 | Team Awards Presentation |