

CROSS COUNTRY DATES TO REMEMBER

JULY 15	Organized practice may begin
AUGUST 31	Online Rating and entry forms due (2A-3A-4A-5A-6A)
OCTOBER 14	Regional assignments released (2A-3A-4A-5A-6A)
OCTOBER 22	2A-3A-4A-5A-6A Regional Meets
OCTOBER 24	2A-3A-4A-5A-6A Academic achievement form due by October 24 via email (kdouglas@ossaa.com)
OCTOBER 29	2A-3A-4A-5A-6A State Meet at Edmond Santa Fe
NOVEMBER 8	Cross Country Coaches Advisory Meeting at 2:00 p.m. via ZOOM