

Game Day Regionals 2022

To: Game Day Cheer and Pom Coach

From: Katrina Coulson, CHS Spirit Coordinator, kcoulson@cnpschools.org

Latest update: October 20, 2022

Location: Choctaw High School, Jim McCharen Activity Center 14300 NE 10th St, Choctaw, OK 73020

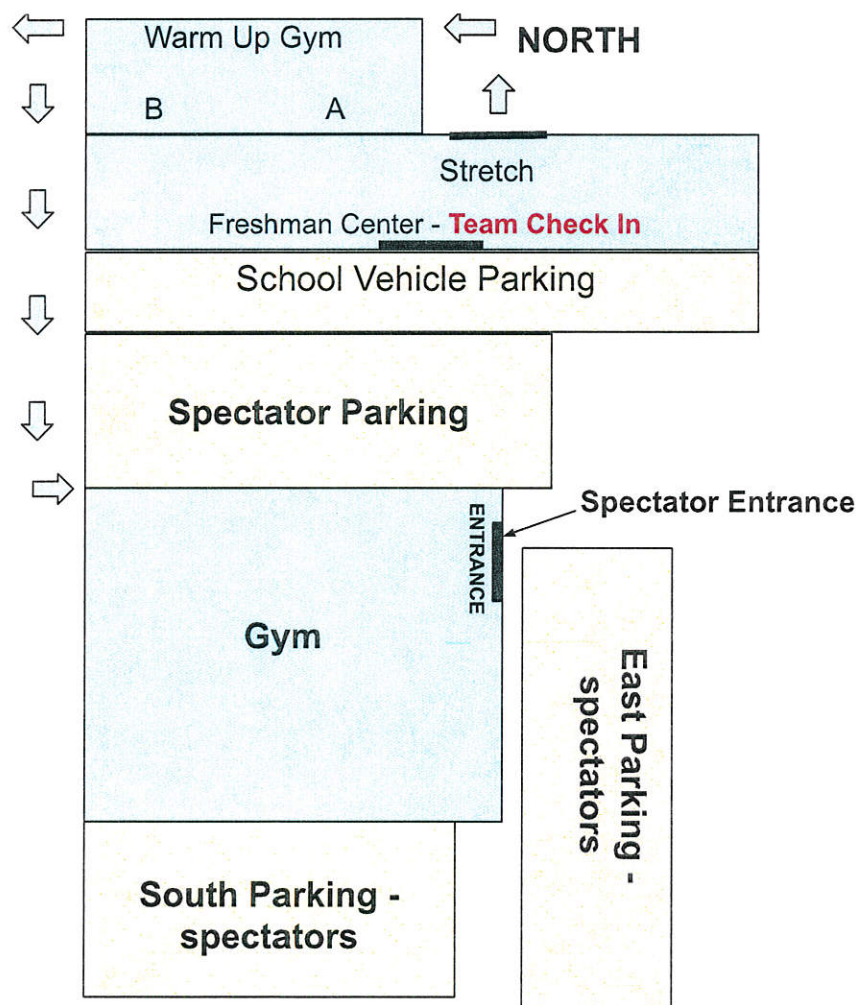
Hello there! We are excited to be hosting you all Saturday, November 5th at Game Day Regionals. My goal is to cover specifics and answer any questions you may have before competing.

- ***Orders are closed*** We are selling \$20 shirts for Regionals. Please click the link [here](#) to order your shirts. You may pay via PayPal on the form, or via check/PO at the competition. Shirt orders are due by October 20th! We will only have a few extras made for the day of. Please only submit one team order. Submit the order through the form regardless of payment method.
- You will have a specified check-in time; stretching time; warm up time, and performance time. The schedule is attached. If there are changes that need to be made after sending, I will update the google document as needed.
- We will have a food truck, concession stand and Kendra Scott at our site for you!
- **CHEER:** You will perform all three elements during your performance time. In this order:
 - Band Dance - One (1) minute time limit. Marching band music only. Emphasis on crowd appeal and practicality, no stunts or tumbling permitted. Practicality should be considered in this element. You will cue the music.
 - Crowd Leading - One (1) minute time limit. No music allowed. You will use three 8 counts in between each element. You should designate a coach or participant to speak the 8 counts aloud to avoid confusion.
 - Fight Song - One (1) minute time limit. Marching band music only. You will use three 8 counts in between each element. You should designate a coach or participant to speak the 8 counts aloud to avoid confusion. Up to three CONSECUTIVE eight counts may be incorporated with stunts, tumbling, and/or jumps. If repeated, incorporation must repeat EXACTLY as initially performed. Practicality should be considered in this element. You will cue the music.
- **POM:** You will perform all three elements during your performance time. In this order:
 - BAND DANCE- One (1) minute time limit. Marching band music only. Emphasis on crowd appeal and practicality, no stunts or tumbling permitted. Practicality should be considered in this element.
 - BAND CHANT-One (1) minute time limit. Performance should have an emphasis on crowd involvement. Performance should be completed before the time limit. Practicality should be considered in this element. (Examples include but are not limited to: "Go Big Blue"; "Hey song", etc.)
 - FIGHT SONG-One (1) minute time limit. Marching band music only. Up to three CONSECUTIVE eight counts may be incorporated with stunts, tumbling, and/or jumps. If repeated, incorporation must repeat EXACTLY as initially performed. Practicality should be considered in this element.
- We are not opening up locker rooms.
- Do not try to enter the stretching area or warm-up room until someone has directed your team. Please allow space for the team exiting to travel through before you enter the stretching room or warm-up room.
- Once you have performed, you will leave the facility. Results will be posted on the OSSAA website that evening.
- Please ask your fans/parents to exit the gym through the north gym exit (not the lobby exit), immediately after your team performs. This will allow all fans the chance to watch their team perform.

DAY OF COMPETITION, NOVEMBER 5th, 2022

Teams

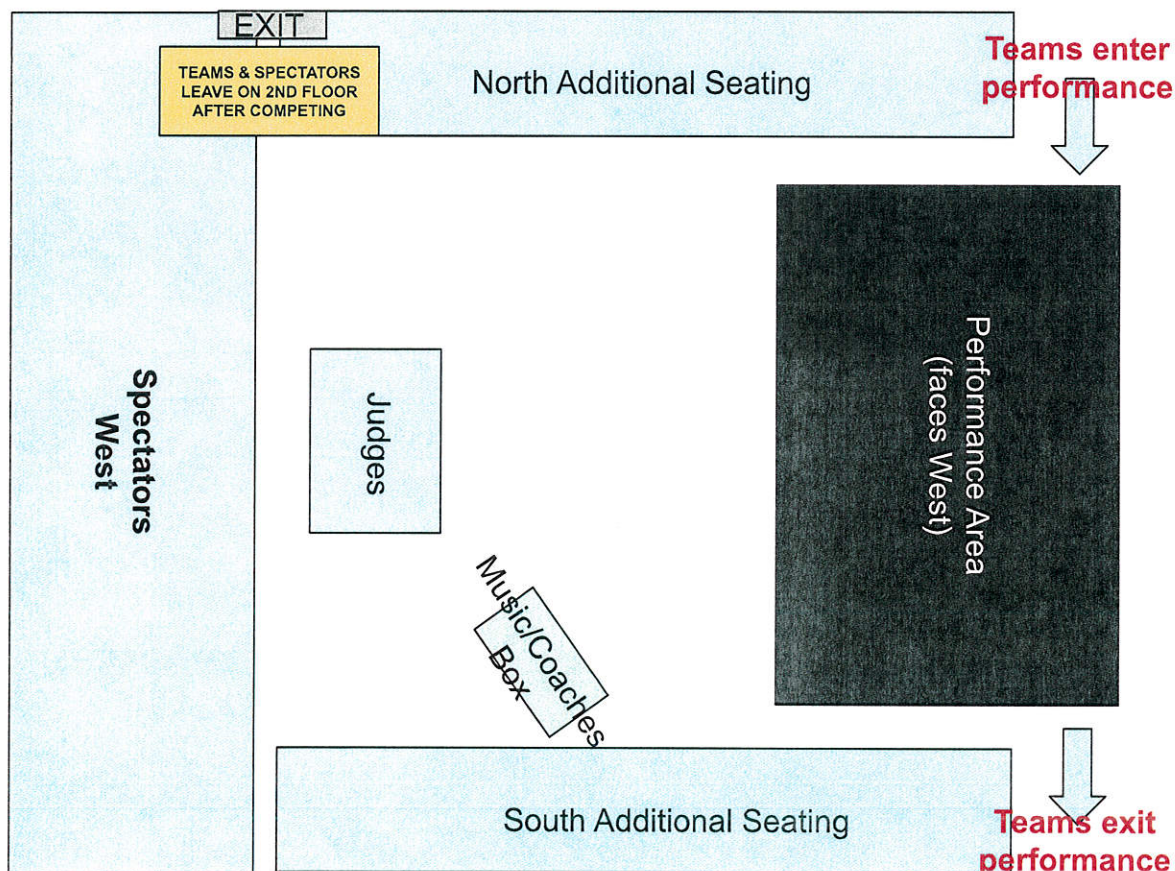
- Use the north parking lot (labeled in map) to park school vehicles including buses.
- Use the freshman center entrance to enter and check in your team.
 - There will be only 3 floor passes for coaches allotted - no additional passes; no exceptions.
- Check In/Stretch/Warm Up
 - You will have a student/parent host to guide you through each area.
 - You will have 10 minutes to stretch in our freshman commons area. Your team may leave their belongings(bags, jackets, etc) in this building and come back to retrieve them after they've competed.
 - You will have 10 minutes to warm up on a full set of mats - keep in mind there will be two teams in our practice gym warming up with overlapping times.
 - You will have 15 minutes to walk back to the main gym, catch your breath, and have one last pep talk before you perform. Best wishes!
- Leave the facility once your team performs.



Spectators

Jim McCharen Activity Center 14300 NE 10th St, Choctaw, OK 73020

- Use south, east, and north parking lots to park.
- Enter the activity center through northeast doors.
- Ticket prices for Game Day regionals are \$10.00 for students and adults. All tickets must be purchased at [OSSAA.com](https://ossaa.com) after November 1st at 8am. No tickets will be sold at the door. The ticket is good for all-day of the Regional Competition.
- Only OSSAA Playoff passes will be accepted.
- Doors will open at 9:30AM.
- Performances will begin at 10:30AM.
- Please use the north gym doors to exit the facility once your team has competed.
- Scan the QR code or go to ossaa.com to purchase tickets after November 1st



UPDATED 10/26/2022 CLASS 6A SCHEDULE - QUALIFIERS WILL BE POSTED TO OSSAA WEBSITE BY 9PM

School Name	Check In	Stretch	Warm Up A/B	Walk to Performance	Perform
PC NORTH	9:50	9:55	Mat A 10:05	10:15	10:30AM
CAPITOL HILL	9:55	10:00	MAT B 10:10	10:20	10:35AM
BT WASHINGTON	10:00	10:05	MAT A 10:15	10:25	10:40AM
MOORE	10:05	10:10	MAT B 10:20	10:30	10:45AM
STILLWATER	10:10	10:15	MAT A 10:25	10:35	10:50AM
MUSTANG	10:15	10:20	MAT B 10:30	10:40	10:55AM
SOUTHMOORE	10:20	10:25	MAT A 10:35	10:45	11:00AM
MUSKOGEE	10:25	10:30	MAT B 10:40	10:50	11:05AM
ENID	10:30	10:35	MAT A 10:45	10:55	11:10AM
DEER CREEK	10:35	10:40	MAT B 10:50	11:00	11:15AM
BIXBY	10:40	10:45	MAT A 10:55	11:05	11:20AM
BROKEN ARROW	10:45	10:50	MAT B 11:00	11:10	11:25AM
CHOCTAW	10:50	10:55	MAT A 11:05	11:15	11:30AM
NORMAN	10:55	11:00	MAT B 11:10	11:20	11:35AM
EDMOND MEMORIAL	11:00	11:05	MAT A 11:15	11:25	11:40AM
BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
WITHDREW	11:25	11:30	MAT B 11:40	11:50	12:05PM
NW CLASSEN	11:30	11:35	MAT A 11:45	11:55	12:10PM
JENKS	11:35	11:40	MAT B 11:50	12:00	12:15PM
US GRANT	11:40	11:45	MAT A 11:55	12:05	12:20PM
BARTLESVILLE	11:45	11:50	MAT B 12:00	12:10	12:25PM
LAWTON	11:50	11:55	MAT A 12:05	12:15	12:30PM
WITHDREW	11:55	12:00	MAT B 12:10	12:20	12:35PM
UNION	12:00	12:05	MAT A 12:15	12:25	12:40PM
OWASSO	12:05	12:10	MAT B 12:20	12:30	12:45PM
PUTNAM CITY	12:10	12:15	MAT A 12:25	12:35	12:50PM

WESTMOORE	12:15	12:20	MAT B 12:30	12:40	12:55PM
YUKON	12:20	12:25	MAT A 12:35	12:45	1:00PM

UPDATED 10/26/2022 CLASS LARGE POM- QUALIFIERS WILL BE POSTED TO OSSAA WEBSITE AT 9PM

School Name	Check In	Stretch	Warm Up	Walk to Performance	Perform
SAND SPRINGS	12:50	12:55	MAT B 1:05	1:15	1:30PM
ENID	12:55	1:00	MAT A 1:10	1:20	1:35PM
UNION	1:00	1:05	MAT B 1:15	1:25	1:40PM
JENKS	1:05	1:10	MAT A 1:20	1:30	1:45PM
CHOCTAW	1:10	1:15	MAT B 1:25	1:35	1:50PM
YUKON	1:15	1:20	MAT A 1:30	1:40	1:55PM
WITHDREW	1:20	1:25	MAT B 1:35	1:45	2:00PM
ED. SANTA FE	1:25	1:30	MAT A 1:40	1:50	2:05PM
BARTLESVILLE	1:30	1:35	MAT B 1:45	1:55	2:10PM
WITHDREW	1:35	1:40	MAT A 1:50	2:00	2:15PM
BT WASHINGTON	1:40	1:45	MAT B 1:55	2:05	2:20PM
PC NORTH	1:45	1:50	MAT A 2:00	2:10	2:25PM
WITHDREW	1:50	1:55	MAT B 2:05	2:15	2:30PM
NORMAN	1:55	2:00	MAT A 2:10	2:20	2:35PM
MUSTANG	2:00	2:05	MAT B 2:15	2:25	2:40PM
MUSKOGEE	2:05	2:10	MAT A 2:20	2:30	2:45PM
EDMOND NORTH	2:10	2:15	MAT B 2:25	2:35	2:50PM
OWASSO	2:15	2:20	MAT A 2:30	2:40	2:55PM
WITHDREW	2:20	2:25	MAT B 2:35	2:45	3:00PM
LAWTON	2:25	2:30	MAT A 2:40	2:50	3:05PM
BROKEN ARROW	2:30	2:35	MAT B 2:45	2:55	3:10PM