



OKLAHOMA SECONDARY SCHOOL ACTIVITIES ASSOCIATION

DAVID JACKSON, EXECUTIVE DIRECTOR

MIKE WHALEY, ASSOCIATE DIRECTOR

Assistants : Amy Cassell - Mike Plunkett - David Glover - Todd Goolsby - Grant Gower



TO: BOYS AND GIRLS SWIM COACHES
FROM: AMY J. CASSELL, ASSISTANT DIRECTOR
RE: REGIONAL SWIM MEET ASSIGNMENTS AND INFORMATION
DATE: JANUARY 17, 2020

There will be two Regional Sites with both classifications at each site. Below you will find the Regional assignments for both your boys and girls swim teams. Multi-high districts were all sent to the same site, and any schools that had a co-op in place were sent to the same site. Geography was used in determining the Regional assignments. You may not change sites.

The general schedule for the day is located at the bottom of each Regional assignment sheet. Information regarding your specific warm-up time, parking, etc. will be sent to you via email from the site you have been assigned. Please read all the information carefully to avoid any delays in beginning the warm-up sessions on time.

Officials have been assigned to each Regional site by the OSSAA.

ENTRIES FOR REGIONAL MEET

Entries for the Regional Meet should be sent via Hy-Tek to Amy Cassell (acassell@ossaa.com) no later than January 27, 2020 by 4 p.m.

Regional entry times should be the best time swum in a high school meet for individual events and relays.

- Preliminaries will be swum on Friday for individual events. Relays will be finals only on the second day of the meet. Finals will be swum on the second day of the meet for individual events.
- **An individual is limited to 4 events in the Regional Meet, no more than two of which can be individual events.**
- An individual who entered 4 events at the Regional Meet, 2 individual events, and 2 relays and who may not qualify in one of the individual events at the Regional Meet, may NOT be entered in a third relay for the State Meet.
- Relay teams qualify from the Regional Meet to the State Meet as a school. Substitutions may be made from the regional meet to the state meet as long as a participant is in compliance with the four-event rule, and meets the above stated limitation. All alternates must be submitted in the Hy-Tek file with your entries.
- Relay cards shall be used at the Regional and State meet (provided by OSSAA at each site).

QUALIFYING FOR STATE

- The 24 best times in each individual event from either Regional will automatically qualify for the State Meet.
- For relays, the 16 best times from either Regional will advance.

Psych Sheets for the State Meet will be posted to the OSSAA website by Friday, February 14, 2020.

AWARDS

Each of the top 8 finishers in both classifications at both sites will receive Regional Medals. The top scoring teams in both boys and girls in each classification will receive a Regional Championship plaque.

REGIONAL SOUVENIRS

Kukulski Brothers is the official OSSAA souvenir vendor. KB will have a booth at both Regional sites.

STATE MEET

The State Swimming Championship Meet will be held at the Jenks Aquatic Center on February 21 and 22, 2020.

STATE MEET PROGRAM

Please send your team photo, and roster (or individual photo and names for schools with individual swimmers) to programs@vype.com no later than February 7, 2020.

If you have any questions, please call the office.

Best wishes for a successful meet!