

CROSS COUNTRY REGIONAL ASSIGNMENTS
Saturday, October 26, 2019 (Classes 5A & 6A)

Regional meet schedules – Coaches meeting will be held one hour before the start of each regional meet.

AT: Irving Middle School -125 Vicksburg Ave. Norman
Scott Monnard – Norman.
AT: Sand Springs – Case Community Park
2500 S. River City Park Rd., Sand Springs
Rod Sitton - Sand Springs

9:15 a.m. – Coaches Meeting
10:00 a.m. – 6A Girls
10:45 a.m. – 6A Boys
12:00 p.m. – 5A Girls
12:45 p.m. – 5A Boys
9:15 a.m. – Coaches Meeting
10:00 a.m. – 6A Girls
10:45 a.m. – 6A Boys
12:00 p.m. – 5A Girls
12:45 p.m. – 5A Boys

Class 5A	Class 6A
Ada	Deer Creek-Edmond
Altus	Edmond Memorial
Ardmore	Edmond Santa Fe
Bishop McGuinness	Lawton
Capitol Hill	Midwest City
Carl Albert	Moore
Classen SAS	Norman
Duncan	Norman North
Eisenhower	Northwest Classen
El Reno	Putnam City
Elgin	Putnam City North
Guymon	Putnam City West
John Marshall	Southmoore
MacArthur	US Grant
Mount St. Mary	Westmoore
Noble	Yukon
Piedmont	
Santa Fe South	
Southeast	
Western Heights	

Class 5A	Class 6A
Bishop Kelley	Bartlesville
Claremore	Bixby
Collinsville	Booker T Washington
Coweta	Broken Arrow
Del City	Choctaw
Durant	Edmond North
East Central	Enid
Edison Prep	Jenks
Glenpool	Muskogee
Grove	Mustang
Guthrie	Owasso
McAlester	Ponca City
Memorial (Tulsa)	Sand Springs
Nathan Hale	Sapulpa
Pryor	Stillwater
Shawnee	Union
Skiatook	
Tahlequah	
Will Rogers	
Woodward	

State Meet Schedule – Coaches Meeting 5A-6A will be held at 9:15 a.m., and 10:45 p.m. at the scoring tent.
STATE MEET – November 2, 2019
Edmond Santa Fe High School; Tom Snider, Edmond North

COACHES PLEASE REGISTER YOUR RUNNERS ON ENDURO ASAP

STATE MEET SCHEDULE
9:15 a.m. – Coaches Meeting
10:00 a.m. – 6A Girls
10:45 a.m. – 6A Boys
11:15 s.m. - Coaches Meeting
12:00 p.m. – 5A Girls
12:45 p.m. – 5A Boys
AWARDS ASSEMBLIES
Class 6A – 11:30 p.m.
Class 5A – 1:30 p.m.

Academic Achievement Award Applications
The Academic Achievement Award application must be postmarked no later than October 28 for classes 6A-5A. You will find the application on our website under sports and then cross country.

Ticket Prices
Regionals - \$5.00 for adults and students. State - \$7.00 for adults and students.

2019 Cross Country State Tournament Programs-The 2019 State tournament program information should include a 300 dpi picture and a roster of your team or individual qualifier. Please email that to rod.coulter@vype.com There is no charge to be included in the program. Please submit your program picture and roster by Wednesday, October 30.