

Hello! Here is some information for you and your squad before you arrive at Bixby on Saturday, September 21. Please arrive an hour before your scheduled warm-up time. Enter and check-in at the east gym – warm-up gym. Coaches please remember to bring your credentials (OSSAA pass and driver's license). Floor passes will be given to you at check-in. You spectators need to enter in the competition gym (west gym) cost is \$5.00 general admission. The cheerleaders will sit on the east side of the competition gym. Spectators will sit on the west side of the competition gym and are NOT allowed on the gym floor. After awards, pictures may be taken in the warm-up gym lobby or outside the gym. Concessions will be available. If you have any questions on the time or how to get to Bixby, please give me a call at 366-2226 (office), 918-829-7141 (cell) or email me at sblackwell@bixbyps.org. Good Luck! - *Stephanie Blackwell*

REGIONAL WARM-UP TIMES

Class 2A	Tumbling Strip	Practice Mat	On-Deck	Competition Mat
Quinton	11:42-11:47	11:48-11:53	11:54-11:59	12:00-12:05
Central (Sallisaw)	11:48-11:53	11:54-11:59	12:00-12:05	12:06-12:11
Okemah	11:54-11:59	12:00-12:05	12:06-12:11	12:12-12:17
Keota	12:00-12:05	12:06-12:11	12:12-12:17	12:18-12:23
Warner	12:06-12:11	12:12-12:17	12:18-12:23	12:24-12:29
Gore	12:12-12:17	12:18-12:23	12:24-12:29	12:30-12:35

COACHES MEETING 11:20am - IN COMPETITION GYM
If you have a Stunt review, please bring a COPY!

12pm Class 2A Competition Starts

AWARDS between 12:40-12:55pm. Note: It is mandatory that cheer squads remain in their school uniforms throughout the entirety of the competition for their respective classification. This includes the awards portion of the competition.

**** The following is a list of regulations or points of emphasis:**

- For the Regional Competition a Music Compliance Statement form must be on file with the OSSAA prior to September 13, 2019. The form can be found on the Cheer page of OSSAA.com.**
 - A MUSIC COMPLIANCE STATEMENT FORM MUST BE ON FILE FOR EVERY SCHOOL USING MUSIC. SCHOOLS USING MUSIC WITHOUT A FORM WILL NOT BE PERMITTED TO USE MUSIC IN THEIR REGIONAL ROUTINE.
 - WE WILL TRACK BY REGIONAL WHO HAS SUBMITTED A FORM, VERIFY THE MUSIC IS ASCAP LICENSED AND SEND THE LIST TO THE SITE MANAGER OF EACH REGIONAL.
 - FORMS MUST BE SUBMITTED NO LATER THAN SEPTEMBER 13, 2019 FOR THE REGIONAL COMPETITION. SUBMIT TO bjohnson@ossaa.com
 - FOR SQUADS USING MUSIC A SECOND MUSIC COMPLIANCE STATEMENT FORM FOR THE STATE COMPETITION MUST BE ON FILE WITH THE OSSAA NO LATER THAN SEPTEMBER 24, 2019. SCHOOLS WITHOUT A FORM WILL NOT BE PERMITTED TO USE MUSIC IN THEIR STATE ROUTINE
- The area used for competition must be matted.
- The squad must use a minimum of one and one-half minutes of the two-minute time limit. Up to 45 seconds of music may be used in accordance to the above requirements. There is no minimum time limit. Music in a routine will not affect the judging of the routine in any manner. Cheer coaches will be responsible for playing their own music at both the regional and state competitions. A sound system will be provided.
- The timing begins after squad has set in formation on the matted area with the first motion, word, skill, or music. The timing ends with the last word or motion. The squad must use a minimum of 1 ½ minutes of the two-minute time limit.
- Use of or the attempted use of illegal stunts or formations will result in a 10-point deduction per score sheet at the regional competition. A rule violation at State will result in a disqualification.
- If the cheer routine is interrupted by an injury to one of the participants, the coach may choose to finish the routine from the point of interruption or choose to take the score earned to that point, without any deduction for the minimum time limit not being met.
- In the event of a tie, all judges' score sheets will be used for the tied squads. If the additional score sheets do not break the tie; the teams will be awarded the appropriate places.
- See the 2019-2020 OSSAA Cheerleading manual for further information concerning managing a regional tournament.
- Coaches who have not attended a rules meeting will be prohibited from coaching.
- The performance order for the squads competing at the Regional and State competition has been set by the OSSAA staff. (NOTE: The order has been randomly selected by the OSSAA staff.) The order of competition is as listed on each regional sheet. An emergency will be the only exception for being late. If an emergency occurs, contact the site manager.

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REGIONAL WARM-UP TIMES

Class 3A	Tumbling Strip	Practice Mat	On-Deck	Competition Mat
Chandler	12:42-12:47	12:48-12:53	12:54-12:59	1:00-1:05
Metro Christian	12:48-12:53	12:54-12:59	1:00-1:05	1:06-1:11
Keys (Parkhill)	12:54-12:59	1:00-1:05	1:06-1:11	1:12-1:17
Eufaula	1:00-1:05	1:06-1:11	1:12-1:17	1:18-1:23
Vian	1:06-1:11	1:12-1:17	1:18-1:23	1:24-1:29

COACHES MEETING 12:35pm - IN COMPETITION GYM
If you have a Stunt review, please bring a COPY!

1pm Class 3A Competition Starts

AWARDS between 1:35-1:50pm. Note: It is mandatory that cheer squads remain in their school uniforms throughout the entirety of the competition for their respective classification. This includes the awards portion of the competition.

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- The area used for competition must be matted.
- The squad must use a minimum of one and one-half minutes of the two-minute time limit. Up to 45 seconds of music may be used in accordance to the above requirements. There is no minimum time limit. Music in a routine will not affect the judging of the routine in any manner. Cheer coaches will be responsible for playing their own music at both the regional and state competitions. A sound system will be provided.
- The timing begins after squad has set in formation on the matted area with the first motion, word, skill, or music. The timing ends with the last word or motion. The squad must use a minimum of 1 ½ minutes of the two-minute time limit.
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- If the cheer routine is interrupted by an injury to one of the participants, the coach may choose to finish the routine from the point of interruption or choose to take the score earned to that point, without any deduction for the minimum time limit not being met.
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Class 5A	Tumbling Strip	Practice Mat	On-Deck	Competition Mat
Poteau	1:42-1:47	1:48-1:53	1:54-1:59	2:00-2:05
Claremore	1:48-1:53	1:54-1:59	2:00-2:05	2:06-2:11
Glenpool	1:54-1:59	2:00-2:05	2:06-2:11	2:12-2:17
Broken Bow	2:00-2:05	2:06-2:11	2:12-2:17	2:18-2:23
Collinsville	2:06-2:11	2:12-2:17	2:18-2:23	2:24-2:29
Grove	2:12-2:17	2:18-2:23	2:24-2:29	2:30-2:35
Tahlequah	2:18-2:23	2:24-2:29	2:30-2:35	2:36-2:41
Edison Prep	2:24-2:29	2:30-2:35	2:36-2:41	2:42-2:47

COACHES MEETING 1:35pm - IN COMPETITION GYM

If you have a Stunt review, please bring a COPY!

2pm Class 5A Competition Starts

AWARDS between 3-3:15pm. Note: It is mandatory that cheer squads remain in their school uniforms throughout the entirety of the competition for their respective classification. This includes the awards portion of the competition.

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- The squad must use a minimum of one and one-half minutes of the two-minute time limit. Up to 45 seconds of music may be used in accordance to the above requirements. There is no minimum time limit. Music in a routine will not affect the judging of the routine in any manner. Cheer coaches will be responsible for playing their own music at both the regional and state competitions. A sound system will be provided.
- The timing begins after squad has set in formation on the matted area with the first motion, word, skill, or music. The timing ends with the last word or motion. The squad must use a minimum of 1 ½ minutes of the two-minute time limit.
- Use of or the attempted use of illegal stunts or formations will result in a 10-point deduction per score sheet at the regional competition. A rule violation at State will result in a disqualification.
- If the cheer routine is interrupted by an injury to one of the participants, the coach may choose to finish the routine from the point of interruption or choose to take the score earned to that point, without any deduction for the minimum time limit not being met.
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Small Co-Ed	Tumbling Strip	Practice Mat	On-Deck	Competition Mat
Hugo	3:17-3:22	3:18-3:23	3:24-3:29	3:30-3:35
Sperry	3:18-3:23	3:24-3:29	3:30-3:35	3:36-3:41
Jay	3:24-3:29	3:30-3:35	3:36-3:41	3:42-3:47
Henretta	3:30-3:35	3:36-3:41	3:42-3:47	3:48-3:53
Morris	3:36-3:41	3:42-3:47	3:48-3:53	3:54-3:59
Beggs	3:42-3:47	3:48-3:53	3:54-3:59	4:00-4:05
Sequoyah (Tahlequah)	3:48-3:53	3:54-3:59	4:00-4:05	4:06-4:11
Blackwell	3:54-3:59	4:00-4:05	4:06-4:11	4:12-4:17

COACHES MEETING 3:10pm - IN COMPETITION GYM If you have a Stunt review, please bring a COPY!

3:30pm Class Small Co-Ed Competition Starts

AWARDS between 4:20-4:30pm. Note: It is mandatory that cheer squads remain in their school uniforms throughout the entirety of the competition for their respective classification. This includes the awards portion of the competition.

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Large Co-Ed	Tumbling Strip	Practice Mat	On-Deck	Competition Mat
Muskogee	4:28-4:32	4:33-4:38	4:39-4:44	4:45-4:50
Booker T. Washington	4:33-4:38	4:39-4:44	4:45-4:50	4:51-4:56
Bixby	4:39-4:44	4:45-4:50	4:51-4:56	4:57-5:02
Broken Arrow	4:45-4:50	4:51-4:56	4:57-5:02	5:03-5:08
Owasso	4:51-4:56	4:57-5:02	5:03-5:08	5:09-5:14

COACHES MEETING 4:15pm - IN COMPETITION GYM If you have a Stunt review, please bring a COPY!

4:45pm Class Large Co-Ed Competition Starts

AWARDS between 5:20-5:30pm. Note: It is mandatory that cheer squads remain in their school uniforms throughout the entirety of the competition for their respective classification. This includes the awards portion of the competition.

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Bixby Public Schools Athletic Department

601 S. Riverview, Bixby, OK. 74008

Phone (918) 366-2226, Fax (918) 366-2267

Stephanie Blackwell, Director of Athletic Programs



2019 Regional Cheer Championships

Welcome to Bixby High School and good luck to you during the competition. Our goal is to provide you with the best possible experience as your team competes for a regional championship and state qualification.

PLEASE LET US KNOW IF WE CAN HELP!

When: September 21, 2019

Where: Bixby High School – Whitey Ford Gymnasium
601 S. Riverview, Bixby, OK 74008

Awards: OSSAA Regional Championship Plaque

Check-In: Hour before warm-up time

Busses: Drop off cheerleaders and coaches at the Whitey Ford Basketball Complex. Parking for busses will be on the North Side of the gym or in the HS Band Parking lot.

Times: Class 2A @ 12pm
Class 3A @ 1pm
Class 5A @ 2:00pm
Small CO-ED @ 3:30pm
Large CO-ED @ 4:45pm

Admission: \$5.00 General Admission - Gates will open 1 hour before Competition Time.

Passes: 2019-2020 OSSAA (pink pass) with proper ID

Pass Gate: The PASS GATE for coaches and cheerleaders will be located at the Whitey Ford (Small) Gym entrance. Check-in with all your team members at the check-in desk located at the entrance of the PASS GATE. Final instructions will be provided for you at this time.

Tournament Manager: Stephanie Blackwell 918-829-7141

Remember! No signs, banners, or noisemakers may be used by fans during the competition.

Below is a list of surrounding restaurants!

Chili's	McDonald's	Chick-fil-A	Savastano's	Charlie's
Braum's	Mazzio's	Taco Bueno	Whataburger	Chicken
Subway	Burger King	Arby's	Schlotzky's	Cane's Chicken
Applebee's	Simple Simons	Pizza Shoppe	Pepper Express	Stepping Stone Cafe
Rib Crib	Pizza Hut	Sonic	KFC	