

Education-based activities should focus on purpose...Winning is the goal, but not the purpose. If we focus on purpose, our students will be better prepared for the future, using the lessons learned through participation, they will show resilience, perseverance and grit. Looking back on their experiences, the relationships will be what mattered most.

Being involved in activities alone is not sufficient to ensure that students will learn sportsmanlike attitudes and behaviors; rather it is the social interactions that are fostered that will determine the benefit of activities to students.

Restoring sportsmanship and civility to activities must become a shared concern. Good sportsmanship dictates: Respect, Listening, Communication, Responsibility, Discipline, Humility, Self-Control, Joy, Rules, Accountability, Honor, Excellence, Teamwork, Encouragement, Gratitude, Role Modeling and Rewards. The NFHS Coaches Education program provides curriculum for coaches, students and fans of all ages. To learn more and many other lessons that matter, please go to [NFHSLearn.com](http://NFHSLearn.com)

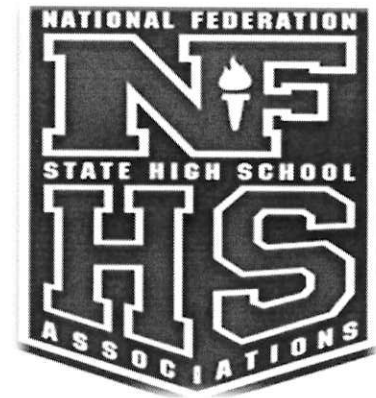
# NFHSLearn.com

Interscholastic Education, Made Easy

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6,773,654

Courses Delivered and Counting





**Coach Education**  
www.nfhslearn.com

# 25 Free Courses

*Core Courses, Sport Specific Courses, Elective Courses*

- Professional Development for
  - Students
  - Coaches
  - Parents
  - Administrators
  - Officials
  - Performing Arts

Appearance and Performance Enhancing Drugs	Bullying, Hazing and Inappropriate Behaviors	Captains Course	Coaching Pole Vault	Coaching Unified Sports
Concussion for Students	Concussion in Sports	Engaging Effectively with Parents	Hazing Prevention for Students	Heat Illness Prevention
Introduction to Interscholastic Music	Introduction to Music Adjudication	Introduction to Pitch Smart	Learning Pro: Homework Helper	Learning Pro: Reading and Learning Strategies
Learning Pro: Research Skills	Learning Pro: Testing Tips	NCAA Eligibility	Positive Sport Parenting	Social Media
Social Media for Students	Sportsmanship	Sports Nutrition	Sudden Cardiac Arrest	Understanding Copyright and Compliance