Education-based activities should focus on purpose...Winning is the goal, but not the purpose. If we focus on purpose, our students will be better prepared for the future, using the lessons learned through participation, they will show resilience, perseverance and grit. Looking back on their experiences, the relationships will be what mattered most.

Being involved in activities alone is not sufficient to ensure that students will learn sportsmanlike attitudes and behaviors; rather it is the social interactions that are fostered that will determine the benefit of activities to students.

Restoring sportsmanship and civility to activities must become a shared concern. Good sportsmanship dictates: Respect, Listening, Communication, Responsibility, Discipline, Humility, Self-Control, Joy, Rules, Accountability, Honor, Excellence, Teamwork, Encouragement, Gratitude, Role Modeling and Rewards. The NFHS Coaches Education program provides curriculum for coaches, students and fans of all ages. To learn more and many other lessons that matter, please go to NFHSLearn.com

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