

CROSS COUNTRY DATES TO REMEMBER

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| JULY 15 | Organized practice may begin |
| OCTOBER 1 | Rating and entry forms due (2A-3A-4A) |
| OCTOBER 5 | Regional assignments released (2A-3A-4A) |
| OCTOBER 8 | Rating and entry forms due (5A-6A) |
| OCTOBER 12 | Regional assignments released (5A-6A) |
| OCTOBER 13 | Regionals for classes (2A-3A-4A) |
| OCTOBER 16 | Academic achievement form due or postmarked by October 16 |
| OCTOBER 20 | 2A-3A-4A state meet at Gordon Cooper Technology Center (Shawnee), Regionals for 5A-6A |
| OCTOBER 23 | Academic achievement form due or postmarked by October 23 |
| OCTOBER 27 | 5A-6A state meet at Edmond Santa Fe |
| NOVEMBER 5 | Cross Country Coaches Advisory Meeting 2:00 at the OSSAA office |