

Pitch Count Rule from the OSSAA Baseball Manual

Grades 7-12

IV. PITCHING

A. **Pitching Limitation Rule:** The pitch count is based on pitches (legal and illegal) thrown in a game to a batter during a time at bat. Mandated rest for the pitcher from pitching is based on the pitch count chart below:

0-35 pitches/day	No rest
36-50 pitches/day	1 calendar day rest
51-75 pitches/day	2 calendar days rest
76-100 pitches/day	3 calendar days rest
101+ pitches/day	4 calendar days rest

The starting time of the game does not impact the calculation of when a pitcher is eligible to pitch again.

No pitcher may begin a new hitter that has exceeded 120 pitches that day.

No pitcher that exceeds 75 pitches in the first game of a day shall appear as a pitcher in any subsequent game that same day.

Coaches and/or administrators that are aware of a member school violating this policy shall contact the OSSAA Baseball Administrator.

The use of an ineligible pitcher, one who has violated this rule, shall result in the forfeiture of the game in which the ineligible pitcher participated as a pitcher and a one game suspension for the head coach.

Pitchers' pitch count from each varsity contest shall be recorded on the OSSAA Rankings Site where scores are recorded in conjunction with OSSAA Board Policy LII. Reporting pitch counts on the OSSAA Rankings site is the responsibility of the head coach. The first failure to report pitch count information within 24 hours of the completion of the contest on the OSSAA Rankings site will result in a written notification to the head coach and school administrator. The second and subsequent failures to report pitch count information will result in the head coach being suspended for a minimum of one contest for each infraction of not reporting.

Coaches and/or administrators that are aware of a member school violating this policy shall contact the OSSAA Baseball Administrator.