The Oklahoma Secondary School Activities Association And Jenks Swimming

Welcomes you to the 2017 Eastern Regional Swimming Championships

General Information:

6A Schools have the morning session and 5A has the evening session.

Busses: Friday we will have parking instructions available at check in. Saturday busses will park North of the music building.

Directions available at check in.

Facility information:

There will be no coolers, chairs, tables, or swimmers allowed in the spectator area.

There will be no saving of seats.

There will be no flash photography permitted at the start of any event.

No standing between the bleachers and the glass will be permitted in spectator area.

Media must have a media pass to be allowed on deck. They will receive directions as to where they are allowed on deck.

There will be no shaving allowed on site. Failure to adhere to this policy will result in disqualification from the meet.

Coaches: Please ask your swimmers to respect the facilities. Have your swimmers clean up their area at the conclusion of each session.

Coaches are allowed to have chairs on deck and if you don't wish to haul one around you may ask and we will provide you with chairs.

Please be mindful of the traffic flow with the chairs.

6A meet: The Aquatic Center will open for athletes at 8AM!

The ticket gate will begin admitting spectators at 8:15. Spectators must respect others waiting in line. Line cutters will be ask

to leave!

Warm ups will be as follows:

First warm up will be from 8:30 to 9:00. Jenks will be in the North end and Bixby and Union in the South end.

Second warm up will be from 9:00 to 9:30, Bartlesville and Enid will be in the North end and Broken Arrow and Owasso

In the South end. Saturday times will remain the same but we will switch ends!

COACHES MEETING: 9:00 AM

One way sprints, in the competitive pool only, 9:30 to 9:45!

Clear the competition pool at 9:45!

Meet begins at 10:00

Each team will be required to provide 3 timers for one lane. Jenks will have lanes 3 &4, Bartlesville lane 5,

Union lane 2, Owasso lane 1, Broken Arrow lane 6, Bixby lane 7, and Enid lane 8. This will apply for both days.

5A meet: The Aquatic Center will open for athletes at 3:00PM (If all 6A athletes and spectators have cleared the facility)

Ticket sales will begin at 3:15. Spectators must respect other, line cutters will be ask to leave!

Warm ups will be as follows:

First warm up will be from 3:30 to 4:00, Booker T Washington, Edison, and Bishop Kelley in the North end, Claremore,

Collinsville, McClain, Tulsa Memorial, Henryetta, and Verdigris in the South end. Second warm up will be from 4:00 to 4:30, Ft Gibson, Grove, Kiefer, McCloud, and Miami in the North end and OK Bible

Academy, Oolagah-Talalah, Ponca City, Shawnee, and Tecumseh in the South end.

Saturday warm ups will remain the same but switch ends>

COACHES MEETING: 4:30 PM

One way sprints, in the competitive pool only 4:30 to 4:45

Clear the pool at 4:45

Meet begins at 5:00

Teams will be required to provide 3 timers for one lane. Booker T Washington lane 4, Ft Gibson lane 5, Bishop Kelley lane 3,

Metro Christian lane 6, Oolagah-Talalah lane 2, Ponca City lane 7, a combination of Collinsville, Grove, Henreyetta, and McCloud

Lane 1, and a combination of Miami, OK Bible Academy, Shawnee, Tecumseh and Verdigris lane 8. This will apply for both

Days.

GOOD LUCK TO EVERYBODY AND IF I CAN BE OF ANY HELP PLEASE CONTACT ME AT: 918-261-8336!