

Pitch Count Rule from the OSSAA Baseball Manual

Grades 7-12

IV. PITCHING

A. ***Pitching Limitation Rule:*** The pitch count is based on pitches (legal and illegal) thrown in a game to a batter during a time at bat. Mandated rest for the pitcher from pitching is based on the pitch count chart below:

0-35 pitches/day	No rest
36-50 pitches/day	1 calendar day rest
51-75 pitches/day	2 calendar days rest
76-100 pitches/day	3 calendar days rest
101+ pitches/day	4 calendar days rest

The starting time of the game does not impact the calculation of when a pitcher is eligible to pitch again.

No pitcher may begin a new inning or make entry to an inning as a pitcher that has exceeded 120 pitches that day.

No pitcher that exceeds 75 pitches in the first game of a day shall appear as a pitcher in any subsequent game that same day.

The use of an ineligible pitcher, one who has violated this rule, shall result in the forfeiture of the game in which the ineligible pitcher participated as a pitcher.

Pitchers' pitch count from each varsity contest shall be recorded on the OSSAA Rankings Site where scores are recorded in conjunction with OSSAA Board Policy LII. Non-compliance with recording pitchers pitch count shall following the same sanctioning protocol as OSSAA Board Policy LII.

Coaches and/or administrators that are aware of a member school violating this policy shall contact the OSSAA Baseball Administrator.